

# Cairndale Spa

AFTERNOON TEA

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## AT THE CAIRNDALE SPA

*Indulge in Afternoon Tea at The Cairndale, a perfect treat whether you are discovering Dumfries and Galloway or simply passing through.*

*Enjoy a selection of classic finger sandwiches and savouries, complemented by homemade cakes and freshly baked scones.*

## FOOD ALLERGIES & INTOLERANCES

*If you have a food allergy or intolerance, please highlight this with us prior to placing your order and we can guide you through our menu.*

## SANDWICHES

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**CUCUMBER & CREAM CHEESE**

**EGG MAYO & WATERCRESS**

**HONEY ROAST HAM & MUSTARD**

**BARONY SMOKED SALMON**

*With cucumber & cream cheese*

## SAVOURIES

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**SAUSAGE & STORNOWAY BLACK PUDDING ROLL**

**CLAVA BRIE, BEETROOT & CARAMELISED ONION QUICHE**

## SCONE

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**SCONE OF THE DAY**

*Served with clotted cream, butter & fruit preserve*

## CAKES & DESSERTS

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**PISTACHIO & OLIVE OIL CAKE**

**CAIRNDALE ETON MESS**

*Whipped cream, fresh & freeze-dried strawberries, strawberry jelly, meringue*

**PASSION FRUIT TARTLET**

*With mini meringues, toasted coconut & vanilla cream*

# TEA SELECTION

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## BY NEWBY TEA

*Newby is the world's most awarded luxury tea brand, founded in London to champion exceptional quality tea.*

## THE CAIRNDALE BLEND

*The Cairndale is delighted to present its own exclusive blend, created in collaboration with Newby Tea.*

*With green tea, cornflower petals, sunflower petals, red rose petals, pineapple, passionfruit, bergamot pieces & mango pieces.*

# BLACK

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## **DARJEELING**

*Black tea*

## **EARL GREY**

*Black tea, bergamot pieces*

## **LAPSANG SOUCHONG**

*Black tea*

## **ENGLISH BREAKFAST**

*Black tea*

# GREEN

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## **GUNPOWDER**

*Green tea*

## **BLUE PEAK**

*Green tea*

## **LAVENDER DREAM**

*Green tea, globe amaranth, lemongrass, lavender*

## **JASMINE PEARLS**

*Green tea, natural jasmine pieces*

# OOLONG

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## **GINSENG**

*Oolong tea, ginseng*

## **MILK**

*Oolong tea, milk flavour*

# HERBAL INFUSION

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## CHAMOMILE

*Chamomile flowers*

## PEPPERMINT

*Peppermint leaves*

## ROOIBOS TIRAMISU

*Rooibos, barley malt, cocoa bits, roasted chicory root, caramel, chocolate bits*

## FRESH LEMON & MINT

*Lemon verbena, eucalyptus, ginkgo, blackcurrant, spearmint & tulsi leaves.*

## PERSIAN ROSE

*Rose buds*

## GINGER LEMON

*Ginger, lemongrass, lemon peel, liquorice root, peppermint*

# FRUIT TISANE

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## ROSEHIP & HIBISCUS

*Rosehip shells, hibiscus petals*

## MANGO & STRAWBERRY

*Apple, rosehips, hibiscus, beetroot cubes, papaya cubes, strawberry & mango pieces*

## MORNING DELIGHT

*Apple pieces, hibiscus, carrot flakes, currants, mango cubes, papaya cubes, blackcurrants, sunflowers, blueberries, stevia leaves*

